

ECHELLE DE TECHNIQUE



AUCUNE

MINIMALE

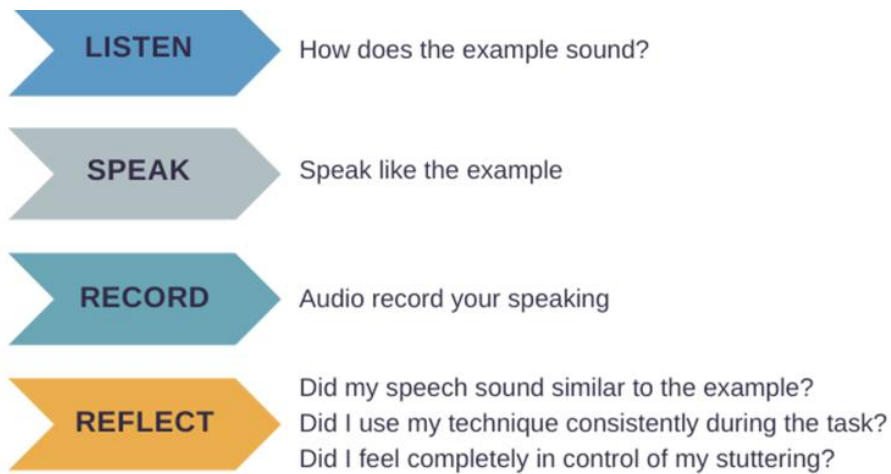
UN QUART

MOITIE

TROIS QUARTS

COMPLETE

ENTRAINEMENT



EXPLICATION CYCLES DE PAROLE

